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NOVEMBER 2013

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Port Visit Update

Currently we are about a quarter of the way through. We have gone to three countries with each one more amazing than the last. We started off in Subic Bay, Philippines, which had so many great opportunities to take advantage of from tours to community service, wonderful delicacies and welcoming locals. Then we sailed into Singapore, another breath taking port call. The architecture was captivating, with multiple cultures meshing together as one. This country too offered cultured tours, allowing you to take a look at Chinatown, Little India, as well as a select few Mosques. Shortly after leaving that port

we made our way to Salalah, Oman. What a sight to see. If you've ever seen a middle eastern movie or middle eastern Americans then you might have some sort of an idea of how beautiful the Omani culture is. The men wear very expensive robes and scarfs and intricately embroidered prayer caps called Kumas. Some of the women are completely covered, while others only show their eyes. The women may not be able to wear American attire, but that doesn't stop them from having incredible handbags and shoes. Just a little something they can do to set them apart from the rest.



Subic Bay, PI cultural volunteer services



Singapore



Salalah, Oman

Happy Native American month

In November, CPR 1 and the Boxer family celebrate the heritage of the Native Americans and all they have done for our nation.



DID YOU KNOW?

Native Americans make up 0.9 percent of the world's population.

55 percent of Native Americans own their own homes.

8.6 million is the projected number of Native Americans by July 1, 2050

What have they contributed to the world?

Native Americans were the first to use zero in mathematics.

The first to raise Turkeys for food.

In the 1500's, they helped produce gold which helped the Spanish Empire reach its height of power



Thanksgiving talk with the CSO Lt. Cmdr. Grant

Q) What are you thankful for?

A) My family, my ability to have faith, and the shipmates whom I serve with.

Q) What does thankfulness mean to you?

A) Being able to evaluate your life and to appreciate all gifts and blessings that you are provided.

Q) What is your favorite Thanksgiving food?

A) Mac and Cheese.

Q) What is your most memorable Thanksgiving?

A) On my last deployment while on board USS Mahan (DDG 72). Every officer aboard dressed up in their dress uniforms and served each crew member one by one.

Diversity Team

The Diversity Team is made up of all ethnicities and pay grades. A part of our mission as the Diversity team is keeping an open mind, welcoming all talents, and promoting cultural awareness as well as fairness and equality. We have celebrated Asian Pacific Heritage Month, Hispanic Heritage Awareness Month, and most recently Disability Awareness Month. This month we highlighted Native American Month. Everyone on the team is very passionate about something different, which is what makes our diversity team such a powerful asset for our command.



Blazing the trail....

Both before and during deployments and lengthy underways, plenty of goals are set and met, by both junior and senior ranking sailors. The most common goal among all is the weight loss and money-saving. Aside from those, we have people that obtain warfare pins, in-rate qualifications, try exotic meats, or vegetables. It's all about doing something new and making the most out of the time here.

After doing a small, unofficial survey of the staff of CPR1, this is what seems to be on almost everyone's deployment success check-off list.

We see some patterns....

- 1) Saving money
- 2) Dropping a few pounds
- 3) A souvenir from every country
- 4) Primary/secondary warfare pins
- 5) College credits

Junior Sailor of the Year (JSOY) Information Specialist 3rd Class (SW) Elliot Adcock

IS3 Adcock hails from both Louisiana and Texas. He joined the Navy so he could do something different from what everyone else was doing. Being JSOY to him means the leaders before him did exactly what they were supposed to by making their junior personal as successful as possible. IS3 Adcock has a motivational quote for those aspiring to meet their goals. Pulsanti-Operietor, which means "To he who knocks, it shall be open"

Meet and Greet

FCC (SW) Avilonia Turner

Q) How long have you been in the Navy?

A) Since Oct. 25, 1995

Q) Where are you from?

A) Chicago, Ill.

Q) Do you have a family?

A) I have a husband who is a teacher and a son who just turned 12 years old.

OSSN Ryan Holt

Q) Where are you from?

A) Portland, OR.

Q) What did you do before the Navy?

A) I got a degree in Political Science. I also worked in retail, two of my biggest passions in life.

Q) What made you join Navy?

A) To have a career, continue furthering my education, and I've always wanted to travel.

Q) What makes you want to get your secondary warfare pin?

A) The end is near, but my determination hasn't changed.

Q) What does family support mean to you?

A) It's important, but it lets me know I'm ready for retirement. I want to be home full time.

Q) What are your plans after the Navy?

A) I look forward to never missing the little things again.

Q) What are your personal deployment goals?

A) To learn the Operations Specialist rate, take the E-4 advancement exam, and to be a dual qualified Sailor.

Q) What is like being this far away from home for the first time?

A) It's sad at times but I'm happy to be where I am.

Awards



IS3 Elliot Adcock receives his surface warfare pin from LS1 Gimutao.



Capt. Potts presents IS1(SW/AW) Schuyler Wilson his SOY plaque.



Welcome Capt. Keith Moore



Even though CPR1 has been on deployment aboard USS Boxer (LHD 4) for a short period of time it's time to welcome our new Deputy. Capt. Moore hails from Winona, MS

Capt. Moore has been in the Navy For 31 years. Within that time, 23 years of those years were as an officer with four years enlisted and four years attending college.

"I was looking to get money for school, with no intentions of becoming an officer but one thing led to another and I've been doing it for 23 years now," said Moore. He received his Bachelors degree in Computer Science at the University of Mississippi (OLD MISS).

"Family support in general is probably the most important reason a person can stay in

the Navy," said Moore.

His son has followed in his footsteps in joining the Navy. He is a Hospital Corpsman currently stationed at Navy Medical Center, San Diego,

"Without the support of family, you couldn't continue to be in the Navy."

"My daughter said there is no way she would join, but my son also said the same thing, so we'll see," Moore added.

Moore said he would like to see everyone come together and have fun this holiday season.

He wants do something that will be memorable, an event CPR1 will always look back on over time and reminisce on. He emphasized how important it is to build morale as a sea family.

Other events of interest...



The multi-cultured/ multi-genre band Xperimento.



Commodore Potts celebrates his 47th birthday with a surprise presentation from CPR1.



Commodore Potts presents Deputy Boucher with an award for his hard work during workups and deployment.



The chiefs came together to present Deputy Boucher a farewell photo of fond memories.

Farewell to our deputy, Cmdr. Boucher